

## USASF/IASF/NACCC Rule and Policy Change Form

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Gym: <i>ECC</i>	USASF Member#: <i>EV08083</i>
Email: - <i>address on file</i> -	Phone: - <i>phone on file</i> -

Type of Change:	New Rule/Policy	<input checked="" type="checkbox"/>	Amendment to Rule/Policy	<input type="checkbox"/>	Deletion of Rule/Policy	<input type="checkbox"/>
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Area of Change:	<input type="checkbox"/>	Tumbling	<input type="checkbox"/>	Tosses	<input checked="" type="checkbox"/>	Stunts	<input type="checkbox"/>	Dismounts	<input type="checkbox"/>	Pyramids	<input type="checkbox"/>	Age Grid
	Other:											

<p><b>Current Rule/Policy:</b></p> <p style="margin-left: 40px;"><i>Level 1 Stunts - Inversions</i></p> <p style="margin-left: 40px;">1) <i>All Inversions must maintain contact with performance surface</i></p> <p style="margin-left: 40px;"><i>Ex: supported handstand</i></p>
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<p><b>New Rule/Suggestion of Change:</b></p> <p style="margin-left: 40px;"><i>Hip over head position at prep level or above is not permitted</i></p>
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<p><b>Perceived Benefit from New Rule/Suggestion of Change:</b></p> <p style="margin-left: 40px;"><i>General Safety of Athletes</i></p> <p style="margin-left: 40px;"><i>Saw L1 teams with flyer diving backwards to backspot to form a bridge at prep level. L1 athletes are generally not strong or coordinated enough to perform a skill like this.</i></p>
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Signed: -signature on file -

Organization: - ECC -

USASF Member #: EV08083

Signed: -signature on file -

Organization: - CheerTech -

USASF Member #: EV08021

Signed: -signature on file -

Organization: - Mid-Atlantic -

USASF Member #: EV08083

\*\* please note - this form has been changed from its original format to be made accessible online. \*\*  
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No content has been manipulated or re-written in typing. Brackets [ or ] are added for any additional clarification.