USASF/IASF/NACCC Rule and Policy Change Form

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Gym: Cheer Station	USASF Member#: 909557
Email: - address on file -	Phone: - phone on file -

Type of Change:	New Rule/P	New Rule/Policy X Amendment to Rule/Policy				Deletion of Rule/Policy				
Area of Change:	Tumbling	X	Tosses		Stunts		Dismounts		Pyramids	Age Grid
	Other:			•		•				

Current Rule/Policy:

Level 4 Tosses E. Up to 2 tricks allowed during a toss (kick full, full up toe touch)

New Rule/Suggestion of Change:

Allow hitch kicks to be added to single twisting baskets, keep double up as is and don't allow more than 1 twist with the hitch kick

Perceived Benefit from New Rule/Suggestion of Change:

This would lead into learning hitch kick doubles & kick Kick doubles for Level 5

Signed: <u>-signature on file -</u> Organization: - Cheer Station - USASF Member #: 909557

Signed: <u>-signature on file</u> - Organization: <u>- Stealth Allstars</u> - USASF Member #: <u>877448</u>

Signed: _-signature on file - Organization: - Pro-Spirit - USASF Member #: 869942