

## USASF/IASF/NACCC Rule and Policy Change Form

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Gym: <i>Maryland Twisters</i>	USASF Member#: <i>903064</i>
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Type of Change:	New Rule/Policy	<input checked="" type="checkbox"/>	Amendment to Rule/Policy		Deletion of Rule/Policy
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Area of Change:	Tumbling	Tosses	Stunts	Dismounts	<input checked="" type="checkbox"/>	Pyramids	Age Grid
	Other:						

Current Rule/Policy:	<p><i>Pyramids - L4 Stunts Release Moves w/ braced inversions</i></p> <p><i>1) Pyramid inversions may involve braced inversions (including braced flips) while released from the bases if contact is maintained with at least 2 persons at prep level or below.</i></p>
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New Rule/Suggestion of Change:	<p><i>* at least 1 person on each side of the flyer [top person] at prep level or below.</i></p>
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Perceived Benefit from New Rule/Suggestion of Change:	<p><i>The braced flip would have even balance &amp; guidance in the inversion vs. have 2 persons holding 1 arm of the flyer [top person] on the flip.</i></p>
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Signed: -signature on file -

Organization: - Amer Champs -

USASF Member #: EV32601

Signed: -signature on file -

Organization: - Choreographer -

USASF Member #:

Signed: -signature on file -

Organization: - WSF -

USASF Member #: 919110

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No content has been manipulated or re-written in typing. Brackets [ or ] are added for any additional clarification.