

USASF/IASF/NACCC Rule and Policy Change Form

Name: <i>Jeff Miller</i>	Submission Date: <i>August 22, 2010</i>
Gym: <i>Pro Spirit</i>	USASF Member#: <i>842961</i>
Email: - <i>address on file</i> -	Phone: - <i>phone on file</i> -

Type of Change:	New Rule/Policy	<input checked="" type="checkbox"/>	Amendment to Rule/Policy		Deletion of Rule/Policy
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Area of Change:	Tumbling	<input checked="" type="checkbox"/>	Tosses		Stunts		Dismounts		Pyramids		Age Grid
	Other:										

Current Rule/Policy:	<i>Level 5 Tosses C. Flipping, inverted or traveling Tosses are not allowed</i>
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New Rule/Suggestion of Change:	<i>Flipping Tosses are allowed up to 1 flipping rotation and 0 twists. No traveling tosses.</i>
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Perceived Benefit from New Rule/Suggestion of Change:	<p><i>Better Transition to Level 6.</i></p> <p><i>Open up Variety of Tosses.</i></p> <p><i>Easier & Safer to teach than present L5 Tosses</i></p>
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Signed: -signature on file -

Organization: - ProSpirit -

USASF Member #: 869942

Signed: -signature on file -

Organization: - Cheer Athletics -

USASF Member #: 896898

Signed: -signature on file -

Organization: - Excite! -

USASF Member #: 778411

** please note - this form has been changed from its original format to be made accessible online. **
Physical forms are stored at the USASF office and written/signed by individuals above.
No content has been manipulated or re-written in typing. Brackets [or] are added for any additional clarification.