Concepts of Commitment and Dedication

**Loyalty** – having or showing complete and constant support for someone or something

**Commitment** - Personal dedication to something or someone, which results in actively promoting and working for their good and well-being

**Dedication** - single-minded commitment; honoring a commitment no matter what

If you’re not loyal to your team, you can get by for a while, but eventually you will need to rely on their loyalty to you, and it just won’t be there.

- **Tim Schaefer**

**SELF REFLECTION CHALLENGE**

Describe someone who is loyal

Describe within the team how disloyalty can impact the team

Commitment means what to you?

Who is the most loyal person on your team?

Describe how a dedicated team member acts.

Is loyalty something that no longer exists?

Why is loyalty important to the team?

Are you loyal and dedicated to your team?

What can YOU do to demonstrate to your team your dedication, devotion and loyalty?

I will do my part
No matter the situation
To ensure high character
Every minute, hour, and day
Giving of myself
Respecting the sports of Cheer and Dance
Investing in others
To leave All Star and our Program a better place for
You