Concepts of Belief

**Faith** - constant outlook of trust, abandoning all reliance on your own effort, and putting your full confidence in something greater than you

**Belief** - accepted as sure truth, not to be called into question

Resist your fear; fear will never lead to you a positive end. Go for your faith and what you believe.

- T.D. Jakes

SELF REFLECTION CHALLENGE

Does our team have a strong faith in each other?

What do we believe to be true about our team?

Who do we rely on when in doubt?

What happens to a team when there is no faith in each other?

What strategies can we implement to become a team of faith?

I believe that we are....

I believe that we will....

What can YOU do, to be more faithful to your team and your coaches?

I will do my part
No matter the situation
To ensure high character
Every minute, hour, and day
Giving of myself
Respecting the sports of Cheer and Dance
Investing in others
To leave All Star and our Program a better place for You