

PASSION

Concepts of Enthusiasm and Motivation

Passion - strong emotional attachment

Enthusiasm - eager to participate

Motivation - what moves you toward an action

Be spectacularly great at what you do. Wear your passion on your sleeve and hold your heart in the palm of your hand. And work hard. Really hard.

- Robin S. Sharma

SELF REFLECTION CHALLENGE

Name one person on the team who is the team motivator?

How does it make you feel when they motivate you?

Name one person on the team who demonstrates passion for the team

Name one person who is enthusiastic

Describe what happens when team members are not enthusiastic

Describe why positive affirmations help you?

What can YOU do to be considered a passionate, enthusiastic and motivating team member?



I will do my part
No matter the situation
To ensure high character
Every minute, hour, and day
Giving of myself
Respecting the sports of Cheer and Dance
Investing in others
To leave All Star and our Program a better place for
You

